



JINYA
RAMEN BAR

NUTRITION & ALLERGEN INFORMATION

Updated as of May 2021



NUTRITION DISCLAIMER

This chart was compiled with the assistance of our nutrition consultants, On The Menu, LLC. On The Menu uses the most up-to-date nutrition information from our suppliers as well as the ESHA Research database, which includes the USDA's National Nutrient Database for Standard Reference, the foundation of most food and nutrition databases in the U.S. Some variations may occur due to the differences in product assembly or preparation at the restaurant, season of the year, region of the country, local suppliers or use of an alternative supplier or ingredient. This listing is periodically updated to reflect the current status of our products. Drink selections vary by location and are subject to frequent change. Please refer to local drink menus for nutritional information.

ALLERGEN DISCLAIMER

Our foods have been thoroughly researched for the presence of Top 8 allergens and Gluten. Every effort is made to keep these ingredients free from cross-contact with other allergens; however, our kitchens are not free of gluten or allergens. There is always chance of human error, change in ingredient/product formulation or supplier. We do not assume any liability for the foods offered. Please consume at your own risk.

For additional information, please visit us at jinyaramenbar.com/contact

MENU			NUTRITION											ALLERGENS							
Category	Name	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Dessert	Chocolate Mochi Ice Cream, 43g pc	110	25	3	2	0	10	15	18	0	11	1	X		X		X		X	X	
Dessert	Green Tea Mochi Ice Cream, 40g pc	80	25	3	1.5	0	10	30	14	0	12	1	X		X		X				
Dessert	Green Tea Pistachio BlockPop, 126g pc	230	120	14	9	0	40	35	25	1	23	3			X		X	X			
Dessert	Panna Cotta (with Copa de Oro)	420	230	26	16	0	90	130	42	0	33	5			X		X		X	X	
Dessert	Panna Cotta (with Kamora)	430	230	26	16	0	90	130	41	0	32	5			X		X		X	X	
Drinks	Hot Tea (Green, 6 fl oz)	0	0	0	0	0		0	0	0	0	0									
Drinks	Iced Tea (Black, 10 fl oz)	5	0	0	0	0	0	10	1	0	0	0									
Drinks	Iced Tea (Green, 10 fl oz)	5	0	0	0	0		0	0	0	0	1									
Drinks	Lemonade	80	0	0	0	0	0	45	23	0	23	0					X				
Kid's Meal	Kid's Meal	1070	390	44	8	0	235	2590	116	6	28	55	X	X	X	X	X		X	X	
Ramen	Cha Cha Cha	1690	820	91	30	0	390	4990	140	9	15	71	X	X		X	X		X	X	
Ramen	Cold (Hiyashi) with Cold Ramen Sauce	890	320	36	12	0	270	3270	100	5	16	37	X	X			X		X	X	
Ramen	Cold (Hiyashi) with Sesame Sauce	1000	430	48	14	0	270	2650	102	6	16	40	X	X			X		X	X	
Ramen	Flying Vegan Harvest	960	310	34	4	0	0	3700	121	13	19	36					X		X	X	
Ramen	JINYA Chicken Ramen	710	240	26	3.5	0	125	2090	89	5	5	47	X	X		X	X		X	X	
Ramen	JINYA Tonkotsu Black	990	480	53	13	0	290	3030	101	6	9	47	X	X		X	X		X	X	
Ramen	Lobster Me Happy	1380	600	67	6	0	255	3970	146	9	14	46	X	X		X	X	X	X	X	
Ramen	Premium Tonkotsu Red (Level 1)	1080	420	47	14	0	290	3300	114	8	13	50	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 10)	1250	560	62	16	0	290	3530	124	11	14	53	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 2)	1100	430	48	14	0	290	3320	115	8	13	50	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 3)	1110	450	50	14	0	290	3340	116	8	13	50	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 4)	1130	460	51	15	0	290	3360	117	9	13	51	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 5)	1140	470	52	15	0	290	3380	117	9	13	51	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 6)	1160	480	54	15	0	290	3400	118	9	13	51	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 7)	1180	490	55	15	0	290	3430	119	9	13	51	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 8)	1190	510	56	15	0	290	3450	120	10	13	52	X	X		X	X		X	X	
Ramen	Premium Tonkotsu Red (Level 9)	1210	520	58	16	0	290	3470	121	10	14	52	X	X		X	X		X	X	
Ramen	Shrimp Wonton Ramen	1220	460	51	3.5	0	85	2720	153	8	15	40		X		X	X	X	X	X	
Ramen	Slurp Up Cilantro	680	260	28	4.5	0	120	4050	93	4	6	31	X	X		X	X		X	X	
Ramen	Spicy Chicken Ramen	800	280	32	4.5	0	125	2770	101	7	11	50	X	X		X	X		X	X	
Ramen	Spicy Creamy Vegan Ramen	730	230	25	2	0	0	2630	99	7	9	21					X		X	X	
Ramen	Spicy Grilled Chicken Ramen	890	320	36	7	0	285	2600	95	5	7	62	X	X		X	X		X	X	
Ramen	Spicy Umami Miso Ramen	940	290	32	8	0	105	4010	111	7	13	49		X		X	X		X	X	
Ramen	Sprouting Up Ramen	1120	440	49	11	0	165	4820	125	9	14	41	X	X		X	X		X	X	
Ramen	Sukiyaki Q Ramen	1030	510	57	17	0	285	2610	99	4	11	47	X	X		X	X		X	X	
Ramen	Tonkotsu Spicy (Hot)	1010	380	42	13	0	125	3980	111	8	12	45		X		X	X		X	X	
Ramen	Tonkotsu Spicy (Mild)	980	360	40	12	0	125	3620	106	7	11	44		X		X	X		X	X	
Ramen	Tonkotsu Spicy (Spicy)	1010	370	41	12	0	125	3860	111	8	12	45		X		X	X		X	X	
Ramen	Vegetable Soup Ramen	470	120	13	0	0	0	2690	93	11	9	20	X				X		X	X	
Ramen	Wonton Chicken Ramen	850	270	30	4.5	0	160	2680	117	6	7	54	X	X		X	X		X	X	
Rice Bowls	California Poke Bowl (Regular)	810	260	29	4.5	0	55	1540	111	13	16	30	X	X		X	X		X	X	
Rice Bowls	California Poke Bowl (Small)	490	130	14	2	0	30	870	74	7	9	17	X	X		X	X		X	X	
Rice Bowls	Chicken Chashu Bowl (Regular)	890	170	18	4.5	0	340	2680	120	5	21	56	X	X			X		X	X	
Rice Bowls	Chicken Chashu Bowl (Small)	480	80	9	2.5	0	170	1340	69	3	11	28	X	X			X		X	X	
Rice Bowls	Pork Chashu Bowl (Regular)	1170	570	63	22	0	370	2450	104	4	10	45	X	X			X		X	X	

MENU			NUTRITION											ALLERGENS							
Category	Name	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Rice Bowls	Pork Chashu Bowl (Small)	630	280	32	11	0	185	1230	61	2	5	23	X	X			X		X	X	
Rice Bowls	Tokyo Curry Bowl (Regular)	760	200	22	9	0	55	1570	115	5	12	19			X		X		X	X	
Rice Bowls	Tokyo Curry Bowl (Small)	420	100	11	4.5	0	25	790	66	3	6	10			X		X		X	X	
Rice Bowls	Vegan Rice Bowl	1110	510	57	6	0	0	1020	108	13	9	24					X	X	X	X	
Rice Bowls	Vegan Rice Bowl	560	250	28	3	0	0	510	54	6	4	12					X	X	X	X	
Salads	House Salad w/Japanese Dressing	120	90	10	1.5	0	0	370	5	2	2	3					X		X	X	
Salads	JINYA Quinoa Salad	230	120	13	1	0	5	620	22	6	6	7	X				X		X	X	
Salads	Seaweed Salad	70	25	3	0	0	0	720	11	4	7	1									
Small Plates	Brussels Sprouts Tempura	320	220	25	3	0	0	630	23	3	2	4					X		X	X	
Small Plates	Caramelized Cauliflower	260	200	23	3.5	0	0	620	14	5	4	5					X	X			
Small Plates	Creamy Shrimp Tempura	690	440	49	7	0	25	630	58	5	16	5	X			X	X		X	X	
Small Plates	Crispy Calamari w/Baby Arugula	580	340	38	5	0	375	850	32	2	7	30		X			X		X	X	
Small Plates	Crispy Chicken (6 pcs)	650	390	44	9	0	270	2820	7	0	1	53					X		X	X	
Small Plates	Crispy Chicken Wings and Drumsticks	550	410	46	9	0	185	570	0	0	0	32		X			X				
Small Plates	Crispy Rice w/Spicy Tuna	450	220	25	6	0	50	1020	37	1	5	15	X	X	X		X		X	X	
Small Plates	Crispy Shrimp Wonton	400	190	21	3.5	0	20	720	42	3	8	10		X		X	X		X	X	
Small Plates	Crispy Spicy Chicken Wings	740	510	57	13	0	270	760	9	2	1	47					X		X	X	
Small Plates	Edamame	180	70	8	1	0	0	300	13	8	3	18					X				
Small Plates	Jalapeno Butter Corn	310	160	18	10	0	45	690	36	5	13	6			X		X		X	X	
Small Plates	JINYA Bun	350	210	23	6	0	60	950	27	1	13	11	X	X	X		X	X	X	X	
Small Plates	Salmon Avocado with Wasabi Soy Sauce	150	80	9	2	0	35	660	3	1	1	14		X			X		X	X	
Small Plates	Salmon Poke Taco	130	60	7	1.5	0	20	290	8	1	2	10		X			X		X	X	
Small Plates	Salmon Sashimi with Cilantro	190	100	11	2	0	30	870	10	4	4	14		X			X		X	X	
Small Plates	Sauteed Shishito Peppers	130	90	10	1.5	0	5	930	7	2	2	5		X			X		X	X	
Small Plates	Spicy Tuna & Salmon Cones	180	90	10	4	0	25	290	11	0	1	8	X	X	X		X		X	X	
Small Plates	Spicy Tuna Tacos	150	80	9	1	0	30	170	6	0	1	9	X	X			X		X	X	
Small Plates	Takoyaki	660	410	46	8	0	265	1410	43	4	12	14	X	X		X	X		X	X	
Small Plates	Vegan Bun	270	130	15	1.5	0	0	690	30	3	13	8			X		X	X	X	X	
Small Plates	Vegan Tacos	120	50	6	1	0	0	320	14	4	4	6					X		X	X	
Soup	Chicken Soup (170 ml)	90	20	2	0	0	45	230	5	1	1	13									
Soup	Chicken Soup (340 ml)	180	35	4	1	0	85	460	10	1	2	26									
Soup	Clear Chicken Broth (170 ml)	30	10	1	0		0	540	1	0	1	4									
Soup	Clear Chicken Broth (340 ml)	60	20	2	0.5		0	1070	1	0	1	7									
Soup	Pork Soup (170 ml)	90	30	3	1	0	30	40	6	0	2	9									
Soup	Pork Soup (340 ml)	180	60	6	2	0	60	80	11	1	4	18									
Soup	Vegetable Soup (170 ml)	5	0	0	0	0	0	45	1	0	0	0									
Soup	Vegetable Soup (340 ml)	10	0	0	0	0	0	95	3	1	0	0									
Toppings	Bamboo Shoot	20	0	0	0	0	0	0	0	0	0	0									
Toppings	Beef Sukiyaki	250	190	22	10	0	50	340	4	0	4	10		X			X		X	X	
Toppings	Bok Choy	10	0	0	0	0	0	40	1	1	1	1									
Toppings	Broccoli	15	0	0	0	0	0	15	3	1	1	2									
Toppings	Broccolini	50	40	5	0.5	0	0	15	1	1	0	1					X				
Toppings	Brussel Sprouts	150	90	11	1.5	0	0	640	13	3	3	3		X		X	X		X	X	
Toppings	Butter	110	110	12	8	0	30	0	0	0	0	0			X						
Toppings	Cabbage	20	0	0	0	0	0	15	5	2	3	1									

Menu			Nutrition											Allergens							
Category	Name	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Toppings	Chicken Chashu	80	20	2	0	0	40	200	1	0	1	13					X				
Toppings	Chicken Soboro	120	40	4.5	1	0	65	530	4	0	2	13					X		X	X	
Toppings	Chicken Wonton	120	30	3.5	1	0	40	410	15	1	1	10					X		X	X	
Toppings	Corn	40	5	0.5	0	0	0	200	8	1	4	1									
Toppings	Fresh Garlic	15	0	0	0	0	0	0	3	0	0	1									
Toppings	Fried Onion	40	35	4	0.5	0	0	0	1	0	1	0					X				
Toppings	Green Onion	15	0	0	0	0	0	10	4	1	1	1									
Toppings	Kaedama Cha Cha Cha Noodle Refill	520	20	2	0	0	0	550	106	4	2	16							X	X	
Toppings	Kaedama Thick Noodle Refill	390	15	1.5	0	0	0	410	80	3	2	12							X	X	
Toppings	Kaedama Thin Noodle Refill	340	110	12	0	0	0	10	67	2	1	12	X						X	X	
Toppings	Kikurage	10	0	0	0	0	0	65	5	1	2	0									
Toppings	Mushroom	20	5	0	0	0	0	5	3	1	2	3									
Toppings	Nori Dried Seaweed	0	0	0	0	0	0	25	2	2	0	2									
Toppings	Onsen Tamago	70	40	4.5	1.5		165	55	0	0	0	6	X								
Toppings	Pork Chashu	160	130	14	5	0	50	370	0	0	0	8		X			X		X	X	
Toppings	Pork Soboro	160	90	10	3.5	0	45	560	4	0	2	14					X		X	X	
Toppings	Seasoned Egg	80	45	5	1.5	0	165	350	1	0	1	6	X				X		X	X	
Toppings	Shrimp and Lobster Wonton	90	20	2	0	0	20	230	17	1	2	4	X	X		X	X		X	X	
Toppings	Shrimp Wontons (3 pcs)	160	40	4.5	0.5	0	15	260	28	2	4	6				X	X		X	X	
Toppings	Soy Meat Soboro	70	0	0	0	0	0	370	8	3	3	9					X		X	x	
Toppings	Spicy Bean Sprouts	80	50	5	1	0	0	480	7	2	5	4		X		X	X		X	X	
Toppings	Spinach	10	0	0	0	0	0	30	1	1	0	1									
Toppings	Tofu	90	40	4.5	0	0	0	15	3	2	0	8					X				